



## BOROONDARA NETBALL ASSOCIATION, RETURN TO NETBALL

BEFORE the SESSION	FOR ALL: players, coaches, umpires, spectators, administrators, Covid-Safe Officers <b>"GET IN, PLAY, GET OUT"</b>	SPECIFIC PERSONNEL
<b>Education</b>	<ul style="list-style-type: none"> <li>Ensure you understand the transmission patterns and symptoms of Covid-19 – see <a href="#">BNA guidelines</a> (<i>this enables you to understand WHY we are taking these precautions</i>)</li> <li>Have a thorough understanding of <a href="#">BNA</a> and <a href="#">Netball Victoria's Return to Netball</a> protocols</li> </ul>	
<b>Health</b>	<ul style="list-style-type: none"> <li>DO NOT ATTEND if you are UNWELL or if you have had CLOSE CONTACT with a confirmed case recently</li> <li>If you have a chronic medical condition /are immunocompromised follow the advice of your health care professional &amp; be aware of increased risk</li> <li>Be mindful that participants may not be "netball fit" so ensure a graded return to minimise the risk of injury</li> </ul>	Coach
<b>Hygiene</b>	<ul style="list-style-type: none"> <li>Anyone entering the venue is expected to follow all routine social distancing &amp; <a href="#">personal hygiene guidelines</a></li> <li>Outdoors: wear a MASK when unable to maintain 1.5m distance from others</li> <li>Indoors: wear a mask at all times unless playing</li> <li>Wash your hands with hand sanitiser before the session / match</li> </ul>	
<b>Preparation</b>	<ul style="list-style-type: none"> <li>Shower / eat / go to the toilet at home before training to minimise contact at the facility</li> <li>Arrive in uniform, with taping / strapping /sunscreen / lip balm / earring tape all applied at home</li> <li>Bring your own drink bottle, filled with water from home / your own hand sanitiser, towel &gt; <b>all NAMED</b></li> <li>Be ready to go ie) Matches: starting 7 &amp; potential rotations / Training: drills</li> </ul>	Coach
<b>Entry</b>	<ul style="list-style-type: none"> <li>Allow 10 minutes between each session to limit groups crossing over or mingling</li> <li>Parents encouraged to use drop off points or car pool</li> <li>Enter the venue via the designated point required for your court, always maintaining 1.5m social distancing</li> </ul>	
<b>Contact Tracing</b>	<ul style="list-style-type: none"> <li>Download the <a href="#">COVIDSafe app</a> so that you can be contacted if you have been unknowingly in contact with an active case.</li> <li>Keep an accurate record of EVERY person in attendance including parents etc <i>- in an electronic format &gt; must be readily available if required by DHHS</i></li> </ul>	Coach Administrator Covid-Safe Officer



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DURING SESSION	FOR ALL: players, coaches, umpires, spectators, administrators, Covid-Safe Officers	SPECIFIC PERSONNEL
<b>Numbers ON COURT</b>	<ul style="list-style-type: none"> <li>Recommended: number of participants essential for the game = 10 players, coach, umpire, team manager, scorer per team</li> <li>Maximum of 100 people per space (on &amp; around a netball court)</li> <li>Boroondara Netball centre outdoor venue limited to 900 people</li> <li>Maintain 1.5m social distancing when explaining drills or providing match feedback.</li> </ul>	Coach
<b>Activities</b>	<ul style="list-style-type: none"> <li>Where relevant, hold training / match preparation meetings on-line before the session</li> <li>Warm up activities can be done away from the courts ie) on the surrounding ovals</li> <li>Contact activities &amp; competition permitted for all age groups</li> </ul>	
<b>Spectators</b>	<ul style="list-style-type: none"> <li>Spectators are now permitted within the total group size limits (above)</li> <li>Recommended: 1 spectator per player</li> <li>Any person OFF COURT must adhere to “gathering” rules - &lt; 10 per group, 1.5m apart, carry/wear a mask</li> <li>No person, other than participants &amp; essential team personnel, may enter the court surface area, including in between courts as per the venue map provided.</li> <li>Clubs must <b>maintain a record</b> of all spectators / parents attending.</li> </ul>	Spectators
<b>Space</b>	<ul style="list-style-type: none"> <li>Always make sure there is 1.5 m between you and any other person when not competing</li> <li>Minimise movement between courts</li> </ul>	Players, coaches
<b>Facilities</b>	<ul style="list-style-type: none"> <li>Communal toilet facilities are ONLY available for participants; there is a Council exe-loo in the park for anyone else.</li> <li>No more than <b>3 people</b> permitted in the female toilet block at any one time</li> <li>Regularly clean the toilet, change rooms.</li> <li>Male toilets will be inaccessible. Male participants must ask at the office for access to the disabled toilet</li> </ul>	
<b>Equipment</b>	<ul style="list-style-type: none"> <li>Avoid touching bibs &amp; then face / allowing bibs to touch your face when swapping – they may be carrying the virus after people have coughed, sneezed or shouted.</li> <li>Each team must use their <u>own</u> ball &amp; bibs</li> <li>Minimise the use of shared equipment</li> </ul>	



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<b>Hygiene</b>	<ul style="list-style-type: none"> <li>• Avoid touching your face <i>as this provides a direct portal for the virus, which may be on your hands</i></li> <li>• Sneeze / cough into your arm or a tissue &gt; dispose in bin immediately &amp; wash hands</li> <li>• Hand sanitise <b>before and after</b> each session</li> <li>• No high 5's, hand-shakes, hugs, huddles</li> <li>• Avoid touching surfaces ie) door handles, light switches, benches, seats</li> <li>• Do not share phones, drink bottles, towels etc</li> <li>• Do not use drinking fountains</li> </ul>	
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AFTER the SESSION	FOR ALL: players, coaches, umpires, spectators, administrators, Covid-Safe Officers	SPECIFIC PERSONNEL
<b>Gathering</b>	<ul style="list-style-type: none"> <li>• <b>“Get in, Train/Play, Get out”</b> philosophy to be maintained for all</li> <li>• No group socialising or gathering after the session</li> <li>• Recovery sessions must be done at home where relevant</li> </ul>	
<b>Hygiene</b>	<ul style="list-style-type: none"> <li>• All participants must wash their hands with hand sanitiser before leaving the court</li> <li>• Shower at home &amp; wash your uniform after each session</li> </ul>	
<b>Exit</b>	<ul style="list-style-type: none"> <li>• Exit the venue via the designated points relating to your court and as per the venue map</li> <li>• Maintain 1.5 m social distancing at all times</li> </ul>	
<b>Equipment</b>	<ul style="list-style-type: none"> <li>• Balls are to be washed with disinfectant (wipes / spray) after each session Refer: <a href="#">Sanitising your balls</a></li> <li>• All equipment including goal post padding, cones must be washed down after each session</li> <li>• All frequently used surfaces must be wiped down after each session ie) door handles, benches, equipment boxes</li> <li>• Bibs must be washed after each session</li> </ul>	Administrators Covid-Safe Officer
<b>Contact Tracing</b>	<ul style="list-style-type: none"> <li>• Forward the session Record of Attendance to your club after each session</li> </ul>	Coach Covid-Safe Officer