



**Boroondara Netball Association Inc.**

*Incorporating: Boroondara **Express** Victorian Netball League teams  
Boroondara **Power** Representative teams*

**Correspondence to:**

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## Boroondara **POWER** - COACH APPLICATION FORM

*See next page for relevant information*

**APPLICANT'S PERSONAL DETAILS:**

NAME			Date of Birth
EMAIL: <i>essential</i>			
ADDRESS:			Post Code
PHONE:	(H)	(W)	(Mobile)
DAUGHTER	Do you have a daughter trialling? If so, what age group?		

**COACHING ACCREDITATION & EXPERIENCE:**

Course	FOUNDATION	DEVELOPMENT	INTERMEDIATE	ADVANCED	ELITE	HIGH PERFORMANCE
Year completed						
To complete						

Coaching experience	
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**YOUR PREFERRED AGE GROUP:** *please number in order of preference 1<sup>st</sup> – 4<sup>th</sup>*

13under	15under	17under	Open	VNL Development / Talent squad
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## **“BOROONDARA POWER” COACH INFORMATION**

TEAM	MATCH / TIMES <i>at Waverley</i>	TRAINING
VNL Talent Squads	Tuesday night	<i>Mon, 7.00 – 9.00pm</i>
17/U Premier	Wednesday evenings	<i>Mon, 5.30 – 7.00pm</i>
15/U	Thursday evenings	<i>Mon, 5 – 6.30pm</i>
13/U	Thursday afternoons	<i>Team 1: Mon, 5 – 6.30pm Teams 2&amp;3 Wed, 5.30 – 7pm</i>

### **REMUNERATION:**

- All coaches receive payment commensurate with the level of accreditation > **yearly (2 seasons)**
  - NCAS Foundation \$675 / season = \$1350
  - NCAS Development \$900 / season = \$1800
  - NCAS Intermediate \$1125 / season = \$2250
  - NCAS Advanced \$1530 / season = \$3060
- Payment is dependant upon the signing of a contract and on return of a complete team equipment bag.
- Coaches also receive complimentary uniform and subsidised cost of coaching courses

### **TRAINING:**

- Boroondara Sports Complex, Belmore Rd, North Balwyn on Mondays or Wednesdays.
- Pre-season Holiday (at home) training program designed by our Strength & Conditioning Coach

### **COACH SELECTION:**

- No parent / relative of any player will coach that player’s team.
- Coaches in each age group will work together / support each other and make decisions regarding player movement between teams AS PER “Player Movement Policy”.

### **COACH ACCREDITATION & TRAINING:**

- All Representative team coaches must have minimum Foundation Course accreditation and be prepared to complete a Development course in that year.
- Premier 17 & Premier Open coaches must have minimum Development Course accreditation and be prepared to complete an Intermediate course in that year
- Coaches are encouraged to attend Netball Victoria “Coaches in the Field” programs and the annual Coaches Conference. The Association will subsidise the cost of accredited courses.
- Coaches are invited and encouraged to attend and observe VNL training sessions.

### **COACH DEVELOPMENT OFFICERS:**

Amanda Sherwen: Advanced Coaching accreditation.

Gayle Lambert: Advanced Coaching Accreditation

Their roles include:

- Development of a training program to be followed by coaches
- Coordinating demonstration training sessions covering drills / skills in the training program
- Providing support / guidance at matches on a rotational basis with the help of other mentors
- Invite coaches to observe VNL training sessions
- Formally appoint a coach for the Netball Victoria Sponsored mentor program
- Collect and collate coach reports at the end of each season
- Appoint and mentor Boroondara Power coaches
- Coordinate and assist selectors of Boroondara Power teams
- Respond to any complaints about coaches
- Organise an NCAS Development accreditation coaching course